

# PACKING LIST

## CLOTHES

Men and Women: T-shirts, loose blouses/shirts, good walking shoes (sneakers or closed shoes should be 1 pr), rubber flip-flops for shower, bath towel, small towel, cotton kerchiefs, one nice outfit for ceremonies (or have something made there)

Women: Mid-calf dresses and skirts

Loose cotton pants in compound

Men: long pants, loose long shorts in compound

Sunglasses

For contact or glass wearers: bring back-up pair

Toiletries, nail clippers, scissors, mirror

Bio-degradable soaps/shampoos

Water base lotions, Safety Pins

3 rolls bio-degradable toilet paper (if found)

Zip-lock plastic bags-all sizes (to keep important items dust free, eg:camera)

Stretchy cord for hanging things in room

**Flashlight** (AA batteries)

**Water Bottle** (big screw top with loop is good)

**MEDICINES** (for yourself and Malians)

People with asthma: realize there is a lot of cooking fire smoke, dust, and in the city center—smog)

Your Malarial Drugs

Eye drops

Roloids/stomach discomfort meds

Fiber laxative

Ibuprofen

Band-aids/dressings or First Aid Kit

Betadine

Bengay type meds

Toothache meds

Sunscreen

Mosquito repellents

## THINGS THAT ARE A GOOD IDEA BUT NOT ESSENTIAL

Lamp (AA batteries if possible)

Candles (long lasting)

Water filter (A must if you are traveling *en brusse* through Mali. We like First Need, but there are lots of new ones out there that filter for viruses and bacteria. Warning: the new “wand” light filters work only for small amounts of water at a time.

## WISH LIST to share

Block of cheese

Dry powder cheese

Nuts/ healthy snacks

Powdered Gator Ade or Tang

AA Batteries

## PRESENT IDEAS

T-shirts

Baseball caps

Children’s clothes

Small make-up/lotions/shampoos

Cologne/perfumes

Pencils/pens

Educational things

Small photo albums

## \$\$\$\$\$\$ ABOUT MONEY \$\$\$\$\$\$

It is difficult to find access to functioning ATMs or to get money at a bank from a credit or cash card. If you must use a money card, make sure it is accessible in Mali. It takes most of the day in a bank to exchange traveler’s cheques. We suggest that you bring cash, however, NO \$20 bills. We will provide an official money exchanger for cash at the Center the first day that you arrive. At this time, the exchange rate is approx. 450cfa to \$1.

Keep this note w/you to use if you find you have lost your way at any time.

## INSTRUCTIONS FOR GETTING BACK TO KO-FALEN CULTURAL CENTER:

(when all else fails, show this note to taxi driver or bus driver)

### Direction de Ko-Falen Cultural Center

Route de Koulikoro

Quartier Boukassoumbougou (Neighborhood)

Kouloun Bleni (*Colline Rouge*) (Red Hill)

SOTRAMA Place (Transport Plaza)

Rue 749 Porte 151

Cell Phone: 7620-7409 Baba Wague Diakite